## MONARCHS ON AMISSION

## MONARCH MIGRATION.

Although they are smaller than your hand and weigh less than a paper clip, these fascinating creatures migrate over 1,700 miles between Nebraska and their wintering grounds in Mexico. They average 50–100 miles each day!



migration map by the Xerces Society for Invertebrate Conservation

So, why do they migrate? Well, as adults, they can not survive the cold winters. And, their larval food - milkweed - does not grow in the north during the winter.

Help a monarch by planting nectar flowers all along their migration route. It's like a monarch rest stop!



