



Conclusion Session Outline For the Outdoor Skills Program

- I. Welcome students
- II. Activity: Leap into the Outdoors
- III. Read the book *Little Beaver and The Echo* by Amy MacDonald
- IV. Read the book *The Kissing Hand* by Audrey Penn
- V. Wrap up: Make a frog mask
- VI. Extended Activity: Kissing Hand Mask

Literature Link: Nature and wildlife based books have been included in the lessons and kits. Books may directly relate to the lesson or may just be a fun read. Unless directed in the lesson, incorporate the book as you see fit.

Suggested reading times:

- Before lesson to bring students together
- In between activities as a transition
- After an activity while waiting for parents to arrive
- After an activity while waiting for a project

The Outdoor Skills program is a partnership with Nebraska Games & Parks and the UNL Extension/4-H Youth Development Program to provide hands-on lessons for youth during their afterschool time and school days off. It

Inventory

Session: Conclusion

Kit Materials & Equipment

- Frog Mask (original copy)
- Frog cut-outs (original copy)
- (14) Laminated bingo game boards
- Tape or glue (in craft tote)
- Markers or crayons (in craft tote)

Supplies Instructor Provides

- Popsicle sticks (or students collect twigs outside)

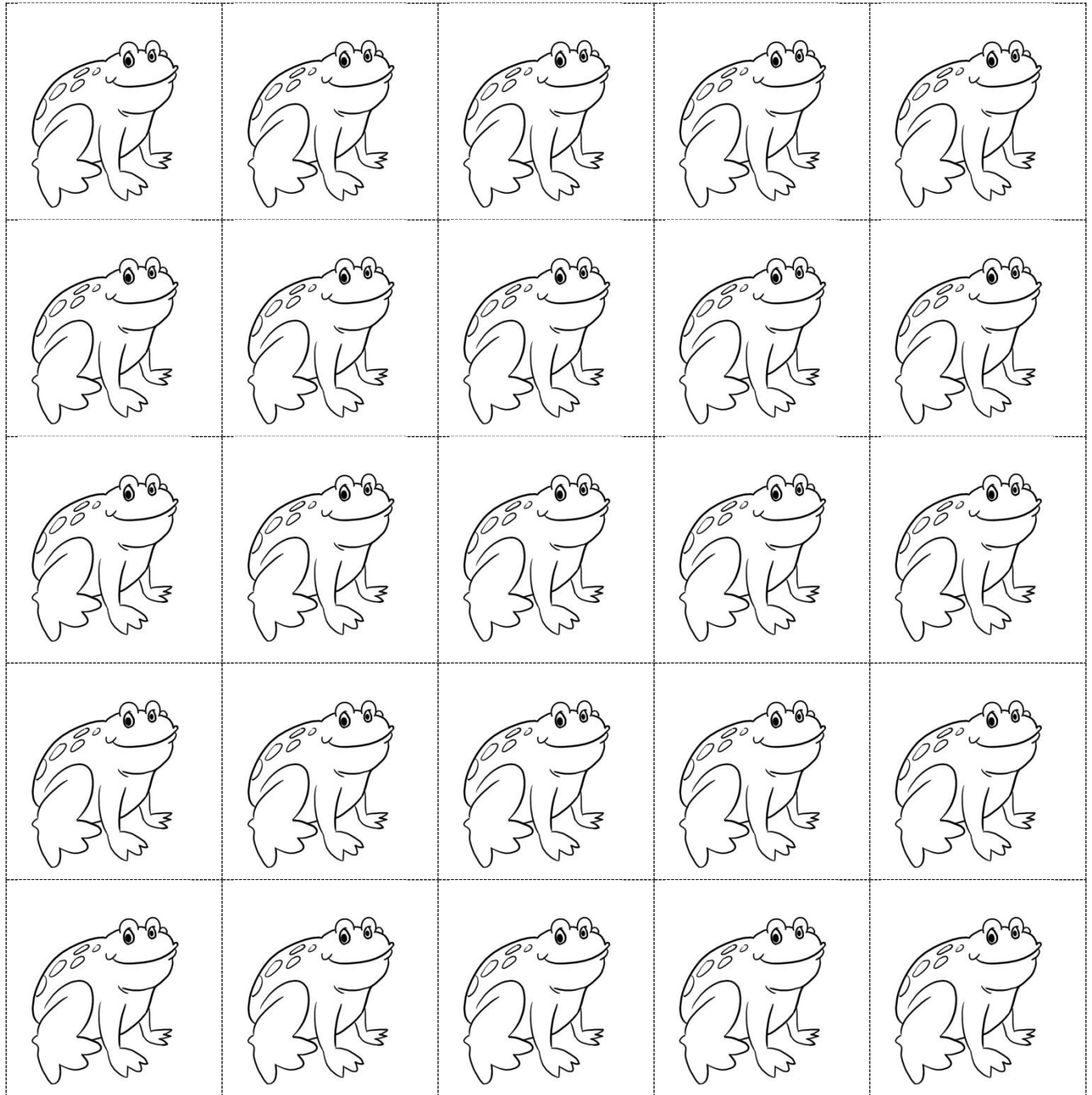
Extended Activity Supplies Provided by Instructor (Optional)

- Construction paper
- Glue sticks
- Scissors
- Grey paint
- Paintbrush
- Paper plate
- Markers or crayons
- Raccoon template copies

Literature Provided

- The Kissing Hand* by Audrey Penn
- Little Beaver and the Echo* by Amy MacDonald

1. Color the frogs
2. Cut out the frogs for the bingo game



Session: Conclusion

Title of Activity: Leap into the Outdoors

Objectives: Participants will:

1. Discover why being outdoors is fun.
2. Learn what will be taught in the 3rd & 4th grade curriculum.

Method: Students will be introduced to the grade 3&4 outdoor skills through a fun bingo game.

Materials Contained in Kit:

- (14) Laminated copies of Leap into the Outdoors Bingo game
- Crayons or markers (in craft tote)
- Tape or glue (in craft tote)
- Frog mask pattern
- Bingo frogs pattern

Materials Needed for Activity:

- Popsicle sticks (or tree twigs) for frog mask
- Scissors
- Frog mask copies (one for each student)
- Bingo frogs copies (one for each student)

Duration: 40 minutes

Group Size: any

Setting: Outdoors

Set Abilities (Concepts): Compare

Fair/Take Home Project: Frog mask.

Background:

The students have just completed fun activities associating the 5 senses with the great outdoors. Now it is time to discover more fun activities to do – outside!

Time to get kids outside; feel the sunshine, get dirty and discover the natural world around them. Being outside offers incredible advantages.

1. Air is better
2. Increases fitness levels and build activity
3. Improved vision
4. Encourages creativity
5. Advances cognitive development
6. Science happens outside
7. Improves health and reduces stress
8. More defenders of wildlife conservation

There are endless engaging activities connecting youth and adults with the outdoors. Encourage youth to get outside whenever they can and as often as possible.

The next section, grades 3&4 lessons will introduce participants to go hiking, fishing, insect viewing, birding and habitats. It is time to “leap” into the outdoors.

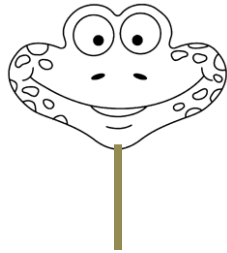
The Activity:

Before the activity:

1. Make a copy of the bingo frog game pieces for each student.
2. Make one copy of a frog mask per student.

Procedure:

1. Ask the students one thing they already know about frogs? (*Reference the frog calling lesson*).
2. The students are going to become frogs for this lesson. First have them color their own frog mask. May need to help the students cut out the masks. Have the students collect a small stick to hold up the mask to their face. Tape the stick onto the back of the mask.



3. Sing with the students “Five Little Speckled Frogs”. Have them wear their mask and squat down like they were a frog while singing the song.

Five Little Speckled Frogs
Sat on a speckled log
Eating the most delicious bugs. Yum! Yum!
One jumped into the pool (jump forward)
Where it was nice and cool
Now there are Four green speckled frogs

Four Little Speckled Frogs
Sat on a speckled log
Eating the most delicious bugs. Yum! Yum!
One jumped into the pool
Where it was nice and cool
Now there are Three green speckled frogs

Three little speckled frogs
Sat on a speckled log
Eating the most delicious bugs. Yum! Yum!
One jumped into the pool
Where it was nice and cool
Now there are Two green speckled frogs

Two little speckled frogs
Sat on a speckled log
Eating the most delicious bugs. Yum! Yum!
One jumped into the pool
Where it was nice and cool
Now there is one green speckled frog

One little speckled frog
Sat on a speckled log
Eating the most delicious bugs. Yum! Yum!
It jumped into the pool
Where it was nice and cool
Now there is no more speckled frogs

4. Now the frogs are going to learn what else they can do outside! Explain these are activities they will do in the next set of activities. If time permits have the students color the bingo frog pieces. Then cut out each of game pieces.
5. Read the bingo clues. Remind the students to put a frog on their free space. The kids should all get bingo at the same time.

Clues

- I would use this wiggly long creature to catch fish on my fishing pole. (worm)
- I would wear this to hide when hunting turkeys. (camo shirt)
- I will wear these to keep my feet dry and comfortable when hiking. (boots)
- This fun animal likes to chew on wood and make dams. Their paddle like tail is so big. (beaver)
- This will be useful for exploring a new trail or finding treasure. (map)
- We rely on this insect to pollinate our vegetables and make honey. (bee)
- Look out – this insect is known to jump very high. (frog)

- Playing outside is a lot of fun, especially when the sky is bright from this object. (sun)
- Is this animal wearing a mask around it's eyes? (raccoon)
- The male of this bird is called a rooster (pheasant)
- Fur keeps this animal warm in the winter. (coyote)
- When empty, I can recycle this item making it into a fishing caster. (pop can)

6. Wrap up the bingo game by pointing out that each of the pictures represents activities they will do in the next level; hiking, wildlife identification, coloring, playing, fishing, insect identification, eating, etc.

Extended Activities:

Have the students make a “Kissing Hand Mask”. Materials are not included in the lesson. This could also be entered as a fair project.

Materials:

- Grey paint
- Paintbrush
- Paper plate
- Markers or crayons
- Scissors
- Glue
- Construction paper

Instructions:

1. Paint the bottom of the paper plate gray.
2. Print out the craft template (one for each student).
3. Color and cut out the template pieces. Most of the pieces are simple enough shapes for young children to cut out, but if needed, an adult can help with some of the harder pieces (the ears and the hair).

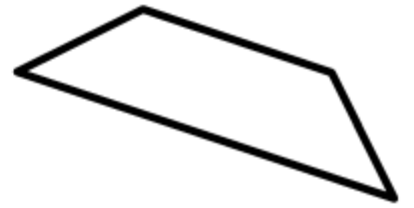
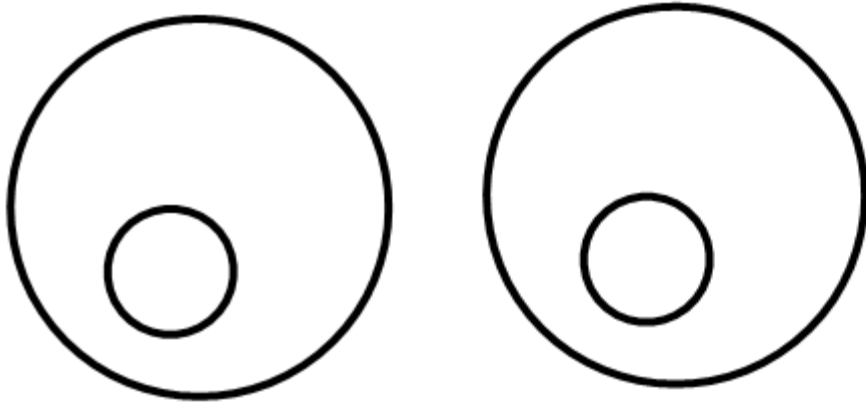
4. Glue the pieces to the plate to make a raccoon face



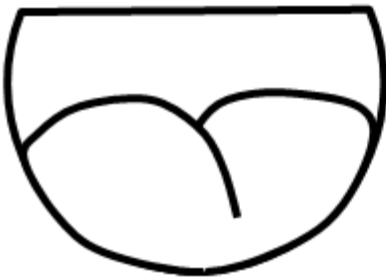
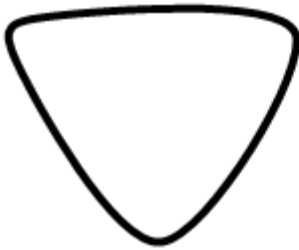
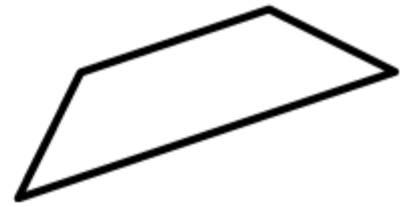
Literature Link:

The Kissing Hand by Audrey Penn

Little Beaver and The Echo by Amy MacDonald



eyebrows



How it looks when finished



