Blanding's Turtle

(Emydoidea blandingii)

A Species Conservation Assessment for The Nebraska Natural Legacy Project



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The mission of the Nebraska Natural Legacy Project is to implement a blueprint for conserving Nebraska's flora, fauna and natural habitats through the proactive, voluntary conservation actions of partners, communities and individuals.

Purpose

The primary goal in development of at-risk species conservation assessments is to compile biological and ecological information that may assist conservation practitioners in making decisions regarding the conservation of species of interest. The Nebraska Natural Legacy Project recognizes the Blanding's turtle (*Emydoidea blandingii*) as a Tier 1 at-risk species. Some general management recommendations are made here regarding Blanding's turtles; however, conservation practitioners will need to use professional judgment to make specific management decisions based on objectives, location, and a multitude of variables. This resource was designed to share available knowledge of this at-risk turtle that will aid in the decision-making process or in identifying research needs to benefit the species. Species conservation assessments will need to be updated as relevant scientific information becomes available and/or conditions change. The Nebraska Natural Legacy Project focuses efforts in the state's Biologically Unique Landscapes, but it is recommended that whenever possible, practitioners make considerations for a species throughout its range in order to increase the outcome of successful conservation efforts.

| Common Nam | 1e | Blanding's Turtle | Scientific Name | Emydoidea blandingii | | |
|--|---|---------------------------|-------------------------|----------------------|--|--|
| | | Dianaing S Turtic | | , , | | |
| <u>Order</u> | | Testudines | Family | Emydidae | | |
| G-Rank G4 | | <u>S-Rank</u> S4 | Goal 4 Dist | ribution Limited | | |
| Criteria for selection as Tier I Ranked as imperiled or vulnerable in all but one state in its range | | | | | | |
| Trends since 2005 in NE Stable | | | | | | |
| Range in NE | Primarily Sandhills marshes, very locally in eastern portion of state | | | | | |
| <u>Habitat in NE</u> | Requires proximity to water; Sandhills fens, Sandhills freshwater marsh, northern cordgrass wet prairie, small tributaries, Sandhills prairies (upland habitat), marshes and oxbows in eastern portion of state | | | | | |
| Threats in NE | Habitat fragmentation and loss of wetlands in eastern part of range in the state; vehicle mortality; collection for pet trade | | | | | |
| | Clima | te Change Vulnerability I | ndex: Not Vulnerable; p | presumed stable | | |
| Research/Inve | Entory Continue surveys along eastern edge of range within the state as populations recover from extreme weather events of 2019; Continue population monitoring in the Sandhills region and areas further south and west in the state; Collect DNA samples for population research | | | | | |
| Landscapes | Cherry County Wetlands, Dismal River Headwaters, Elkhorn Confluence, Elkhorn River Headwaters, Lower Loup Rivers, Lower Platte River, Middle Niobrara, Snake River, Upper Loup Rivers and Tributaries, and Verdigris-Bazile Biologically Unique Landscapes | | | | | |

FIGURE 1. Information about Blanding's Turtle adapted from Schneider et al (2011). Information on Research/Inventory and Landscapes has been updated here.

Status

According to the last review in 2020, the subnational conservation status rank for Blanding's turtle is S4 ('apparently secure'), indicating that the species is "at a fairly low risk of extirpation in the state due to an extensive range and/or many populations or occurrences, but with possible cause for some concern as a result of local recent declines, threats, or other factors (Master et al. 2012)." In contrast, in each of the other states/provinces in its range compared to Nebraska, the species is less secure. The global conservation rank is G4 (NatureServe 2020). The definition of G4 is similar to the definition of S4 but uses the world rather than the state as a geographic reference and refers to the risk of extinction as opposed to extirpation. The Blanding's turtle was included on the Tier 1 list of at-risk species (Schneider et al 2018), because it met the criterion of being imperiled or vulnerable in all but one state in its range.

Extensive surveys conducted from April 2002 through August 2003 and again in 2021 by Dr. Jeffrey Lang on Valentine National Wildlife Refuge contributed to the recommendation that the species should continue to be monitored and conserved in Nebraska based on widespread decline throughout the rest of its range (Lang 2004, Lang, pers. comm. 2022).

The Nebraska Natural Legacy Science Team, consisting of members representing numerous agencies, was tasked with setting a quantitative conservation goal for target species, so that multiple populations could be conserved. The team considered the species' widespread range throughout the United States and Canada when they set a target goal of maintaining at least four populations of Blanding's turtles within Nebraska. The quantitative goals set by the Science Team are an approximation and are subject to change as new information becomes available. (Schneider et al. 2011).

Principal Threats

Approximately one-third of all aquatic and semi-aquatic turtle species in the United States are in need of some type of conservation action (Lovich 1995, Gibbs and Shriver 2002). Because of delayed sexual maturity in turtles, populations are less able to sustain significant disturbances and increased mortality threats (Wilbur and Morin 1988, Congdon et al 1993, Gibbs and Shriver 2002).

Blanding's turtles, like other freshwater turtles, have multi-faceted and predictable habitat needs including aquatic habitats for feeding and hibernation, as well as upland terrestrial habitats for nesting (Lang 2004, Reid et al 2015). Loss of any of these habitat types resulting from wetland conversion to agriculture, industry, urban development, etc. can be detrimental to the population (Lang 2004). Blanding's turtles assuredly avoid wetlands that are overrun by cattails (Henning and Hinz Jr. 2016). Additionally, wetlands in which dikes or roadways have been added experience altered conditions in water flow which could have a direct effect on populations of Blanding's turtles (Lang, 2004). Water management activities can also negatively affect Blanding's turtles. Rotenone, a chemical treatment used to remove unwanted fish species from water bodies, is known to negatively impact aquatic turtles (Lang 2004).

Upland habitats used for nesting are often lost to woody encroachment which can lead to bare soil elimination, changes in incubation temperatures, and increased predation rates (Henning and Hinz Jr. 2016). Additionally, the introduction of trees to a nesting environment may reduce hatchling Blanding's turtles' ability to locate water (Pappas et al. 2009). Prescribed

burning is a valuable tool for mitigation of woody encroachment, but land managers are cautioned to avoid early summer burns, when female Blanding's turtles are utilizing upland habitats for nesting activities, and early fall burns when juveniles are migrating through uplands to wetland habitat (Lang 2004).

Road mortality is a significant threat to adult Blanding's turtles as they tend to move long distances to find mates and to get to nesting areas. As such, they are quite vulnerable to road mortality, especially where roads bisect prime aquatic and/or terrestrial habitats (Lang 2000, Reid et al. 2015). Individual Blanding's turtles have been observed to use multiple wetlands throughout their active season by moving among wetlands and thereby increasing their risk of road mortality (Joyal et al. 2001, Beaudry et al. 2009). Gibbs and Shriver found that land areas covered with >1 km of roads/km² and that support travel for 100 or more cars/day are most likely to negatively impact Blanding's turtles (2002). Grgurovic and Sievert analyzed that the probability of road-related turtle mortality can decrease when the mean traffic density is 550 vehicles or less per day (2005). Also, heavy use of all-terrain vehicles near turtle nests can be damaging (MassWildlife 2007) and should be considerably reduced wherever possible (Lang 2004).

Nest predation poses another threat to the most vulnerable life stage of Blanding's turtles: the egg. Medium-sized mammals such as raccoons (*Procyon lotor*), red (*Vulpes fulva*) and gray foxes (*Urocyon cinereoargenteus*), and striped skunks (*Mephitis mephitis*) are common nest predators (Congdon et al. 1983, Henning and Hinz Jr. 2016). Nest predation occurs throughout the nesting period, not just at oviposition, and is associated with a variety of environmental cues (Riley and Litzgus 2014, McCurdy-Adams 2016). However, nest predation is typically high immediately after oviposition, low during incubation, and high again just prior to and during emergence (Lang, pers. comm.)

Loss of genetic diversity can have detrimental effects on species. As habitat becomes increasingly fragmented throughout the species range, small populations are at greater risk of becoming isolated from the species range and eventually may become extirpated. Adults in small, isolated populations may end up breeding with closely related individuals, resulting in an inbreeding depression. This can also increase genetic drift, making it necessary in the long term to manage for the exchange of genetic material (Henning and Hinz Jr. 2016).

Other threats to turtles include collection for the pet trade that reduce wild populations (Salzberg 1995, Conant and Collins 1998, Gibbons et al. 2000). In some areas, concern is growing that the harvest of turtles for commercial trade is unsustainable (Ceballos and Fitzgerald 2004). In Nebraska, from 2010–2020, there have been no seizures of Blanding's turtles reported by/to the U.S. Fish and Wildlife Service (USFWS) or Nebraska Game and Parks Commission (NGPC) (S. M. Dunn, NGPC Zoologist, pers. comm.), though collections by hobbyists and visitors have been documented in other populations (Henning and Hinz Jr. 2016; M. Pappas, pers. comm. to Lang).

Description

Blanding's turtles are 12.7–20.3 cm long. Females are larger than males. The turtles have a bright yellow chin and throat. The black carapace has a smooth helmet shape with yellow spots. The upper jaw has a center notch visible at the front of the mouth. The mostly

yellow plastron is hinged, and it is slightly concave on males. The neck is long and head somewhat flattened with protruding eyes. See Figure 2.



FIGURE 2. The Blanding's Turtle has a distinctive bright yellow chin and throat (Photo courtesy of NEBRASKAland Magazine).

Habitat and Range

A mosaic of connected habitats may be necessary to support the shifting needs of Blanding's turtles by season and age-class. Blanding's turtles are semi-aquatic. They prefer wetland habitats rather than fast-moving water and typically utilize upland sites when nesting. (Edge et al. 2010). Deep-water wetlands (≥1m depth) are preferred for overwintering habitat (Lang 2004). They inhabit lake shallows, ponds, marshes, and slow-moving streams with soft bottoms and dense aquatic vegetation. Marshes and small ponds appear to be particularly important to juvenile Blanding's turtles, because they offer waters less likely to be inhabited by large predators (Bury and Germano 2003). Studies indicate they prefer forested wetlands in spring, wetlands with morning sun and abundant egg masses for feeding in early summer, and deeper pools that stay cooler in late summer and fall (Hartwig and Kiviat 2007, Beaudry et al. 2009). Blanding's turtles are tolerant of cold temperatures in moist, terrestrial hibernacula (Dinkelacker et al. 2004), but extreme lows in dry winters could be problematic for turtles in the Sandhills (Costanzo et al. 2004). In Nebraska, Blanding's turtles have been found in Cherry County Wetlands, Dismal River Headwaters, Elkhorn Confluence, Elkhorn River Headwaters, Lower Loup Rivers, Lower Platte River, Middle Niobrara, Snake River, Upper Loup Rivers and Tributaries, and Verdigris-Bazile Biologically Unique Landscapes.



FIGURE 3. Current range of Blanding's turtles in Nebraska based on field observations, museum specimens, and expert knowledge. Map courtesy of Nebraska Natural Heritage Program, Nebraska Game and Parks Commission.

Area Requirements

Blanding's turtle dispersal varies seasonally, with long distances traversed in the spring as turtles move to ephemeral wetlands. Females, in particular, may also move long distances during the nesting season (Piepgras and Lang 2000; Lang 2004). For both sexes, Grgurovic and Sievert found a mean annual home range size of 22 ha and a mean home range length (i.e., distance between two farthest sites used by an individual, Pluto and Bellis 1988) of 856 m in Massachusetts (2005). However, research suggests that the landscape complex needed for a Blanding's turtle during the course of its lifetime encompasses a much greater area than indicated here (Grgurovic and Sievert 2005). Piepgras and Lang indicated a home range size of 63 ha (2000) at Camp Ripley in Minnesota; data from Lang (2004) indicate a mean of 21.97 ha in Valentine National Wildlife Refuge. Grgurovic and Sievert found a maximum home range length of 3.2 km traveled over 46 days (2005).

Diet

Blanding's turtles are omnivorous and will feed from the land and water. They prefer to prey or scavenge on crayfish, frogs, fish, earthworms, snails, and occasionally carrion, but they also consume berries and other vegetation. Aquatic insects, such as dragon fly larvae, in ephemeral wetlands are a major part of their diet in late spring through early summer when turtles move to these transitory habitats in uplands away from permanent water bodies, such as streams and lakes (Lang pers. comm.).

Reproduction

Blanding's turtles in Nebraska mate in early spring, start nesting in mid- to late-June, and nesting activities persist for 2–3 weeks (Lang 2004). Mating also occurs in Sept–Oct prior to overwintering (Lang, 2006). Nesting occurs almost exclusively during evening hours (Congdon et al. 1983). The female lays 8–12 oval, dull-white, leathery 3.8-cm eggs. Hatchlings appear Aug–Sept (Powell, et al. 2016). The sex of the hatchlings is determined by the incubation temperature; higher temperatures (i.e., >30° C; 86°F) result in production of females (Ewert and Nelson 1991). Males do not attain breeding age until ~12 years and females typically not until 18 years of age (MassWildlife 2007), though younger gravid females (11–14 years) in Nebraska populations have been observed (Lang 2004, Ruane et al, 2008). A healthy individual may live >75 years (Congdon et al, 2008).

Research and Conservation Strategies

A multitude of factors should be considered before implementing any conservation actions for species. Within the guidelines of state and federal law, the Nebraska Natural Legacy Project recommends: 1) consider, but do not limit options to, scenarios that benefit both the species of interest and property owners, 2) consider species dispersal and landscape context, 3) plan for multiple years, and 4) do no harm.

In Nebraska, conservation considerations should be made for Blanding's turtles in eight Biologically Unique Landscapes: Cherry County Wetlands, Dismal River Headwaters, Elkhorn Confluence, Elkhorn River Headwaters, Lower Loup Rivers, Lower Platte River, Middle Niobrara, Upper Loup Rivers and Tributaries. These landscapes offer the best opportunities for conservation of the species within Nebraska based on current knowledge. Given the principal threats identified, conservation efforts for Blanding's turtles (summarized in Table 2) may want to employ the following management strategies:

 Wetland conservation can provide habitat for Blanding's turtles. Blanding's turtles use wetlands of mean size 1.5 ha and shoreline length of ~600 m (Attum et al. 2008). Blanding's turtles often occupy wetlands near stands of deciduous trees and that are spaced at least 450 m from roads (Attum et al. 2008). Protect and restore wetland complexes with some deciduous tree cover, especially in eastern Nebraska habitats, while ensuring connectivity and minimizing impacts from roads (Attum et al. 2008). In large Sandhills wetland complexes, maintain existing crossing barriers, such as fences, and culverts utilized by turtles traversing from one wetland to another in good condition (Lang 2004). A distance <50 m between patches connected by high-quality corridors is important to Blanding's turtles (Rickets 2001, Fleishman et al. 2002, Attum et al. 2008). A 250-m buffer zone may be appropriate for rare species (Attum et al. 2008). Natural or mitigated habitats should offer "abundant, emergent vegetation…basking areas, muck, floating plant material, and submerged aquatic vegetation" (Hartwig and Kiviat 2007). However, Blanding's turtles will avoid using wetlands where cattails are abundant (Henning and Hinz Jr. 2016). Vegetation treatments, such as mitigating cattail and Phragmites invasion should be a priority in wetland habitat conservation with Blanding's turtles seasonal activities in mind (Lang 2004). Timing of fish management strategies and draw downs should also be planned carefully around Blanding's turtle seasonal activities such as nesting and juvenile migration (Lang 2004).

- 2. Ensure turtle access to upland areas for nesting; nests farther from water are less likely to be depredated (Congdon et al 1983). Consider exclosures for highly vulnerable populations (D. D. Fogell, pers. comm.). Because Blanding's turtles may use grassy upland sites for nesting, discourage conversion to agriculture in sites used heavily by the turtles. Limit mowing and chemical exposure impacts to juveniles. Utilize prescribed burning activities to mitigate the encroachment of woody vegetation, but limit burning to spring and late fall to avoid nesting and juvenile migration (Lang 2004)
- 3. Consider temporary seasonal installment of signage alerting motorists to highly sensitive turtle areas to encourage drivers to travel slower, more cautiously in select locations, especially during times of frequent turtle crossing activities such as nesting and juvenile migration to wetlands from upland areas (Lang 2000). High risk areas may also be equipped with turtle passageways of various designs. During the nesting season, discourage ATV use where Blanding's turtles nest.
- 4. Prioritize reducing mortality of sexually mature individuals. Turtle species, in general, have long lifespans and low fecundity. The loss of adults is more detrimental to this strongly K-selected (i.e., long life expectancy, late maturity, few offspring) species than loss of eggs or juveniles (Congdon et al. 1993, Heppel 1998).
- 5. In Nebraska, it is illegal to take, possess, transport, export, process, sell or offer for sale, or ship [Blanding's turtle] (NGPC 2006). Regulations should be enforced.
- 6. Several studies have isolated and characterized microsatellite loci from Blanding's turtles that may be useful in making decisions regarding the conservation of genetic diversity of the species (Osentoski et al. 2002, Anthonysamy et al. 2017, Jordan et al. 2019). This is especially important when considering the feasibility of supplementing a small population with individuals from a large population in order to avoid inbreeding depressions.
- 7. Numerous USDA-NRCS Farm Bill programs might be used to benefit Blanding's turtles, but each management practice should be scientifically evaluated before it is widely implemented for this purpose. Consider:

CRP – CP 2 (Native Grasses), 4D (Permanent Wildlife Habitat), 9 (Shallow Water Areas for Wildlife), 21 (Filter Strips-grass), 22 (Riparian Buffers), 23 (Wetland Restoration-floodplain), 23A (Wetland Restoration- non-floodplain), 25 (Rare and Declining Habitat), 29 (Wildlife Habitat Buffer), 33 (Upland Bird Habitat Buffer), 38 (State Acres for Wildlife Enhancement), 42 (Pollinator Habitat), 43 (Prairie Strips)

EQIP- 528 – Prescribed Grazing, 314 – Brush Management, 390 – Riparian Herbaceous Cover, 420 (Wildlife Habitat Planting), 644 – Wetland Wildlife Habitat Management, 645 – Upland Wildlife Habitat Management, 657 – Wetland Restoration, 659 – Wetland Enhancement

Agricultural Conservation Easement Program (Agricultural Land Easements and Wetland Reserve Easements)

Regional Conservation Partnership Program

WILD Nebraska

Please note that the availability of programs may vary in any given year.

Information Gaps

Breeding and overwintering locations, as well as travel corridors, for Blanding's turtles are not well known, particularly along the eastern edge of the species' range in Nebraska (Schneider et al 2011). Our knowledge of the intrapopulation and interpopulation of *E. blandingii*'s genetic diversity is also lacking (D. D. Fogell, pers. comm.). It is important to continue to conduct surveys for Blanding's turtles and monitor populations. Radio transmitters and PIT tags may be used to track individuals. Lang (2000, 2004) and Grgurovic and Sievert (2005) provide an overview of previously used methods for safe capture and marking.

Considerations for Additional Species

At-risk species that share habitat with Blanding's turtles should be considered in management plans for the turtle. Conservation of Blanding's turtles may affect or be influenced by at-risk species that can be found in the same Biologically Unique Landscapes as the turtles. Table 1 lists a sample of at-risk species you may want to consider while planning habitat for Blanding's turtles. This list will not apply to all sites of occupancy of *E. blandingii* nor is the list all-inclusive.

TABLE 1. Tier 1 at-risk species identified in the Nebraska Natural Legacy Project that inhabit biologically unique landscapes with Blanding's turtles (Schneider et al. 2018) may necessitate consideration in habitat management plans.

| Animals | | | | |
|--|---|--|--|--|
| Plains Pocket Mouse (Perognathus flavescens perniger) | | | | |
| Henslow's Sparrow (Ammodramus henslowii) | | | | |
| Interior Least Tern (Sternula antillarum athalassos) | | | | |
| Loggerhead Shrike (Lanius Iudovicianus) | | | | |
| Long-billed Curlew (Numenius americanus) | | | | |
| Piping Plover (Charadrius melodus) | | | | |
| Short-eared Owl (Asio flammeus) | | | | |
| Whooping Crane (Grus americana) | | | | |
| American Burying Beetle (Nicrophorus americanus) | | | | |
| Blacknose Shiner (Notropis heterolepis) | | | | |
| Finescale Dace (Chrosomus neogaeus) | | | | |
| Northern Redbelly Dace (Chrosomus eos) | | | | |
| Plains Topminnow (Fundulus sciadicus) | | | | |
| Topeka Shiner (<i>Notropis topeka</i>) | | | | |
| Iowa Skipper (<i>Atrytone arogos iowa</i>) | | | | |
| Ottoe Skipper (Hesperia ottoe) | | | | |
| Mottled Duskywing (Erynnis martialis) | | | | |
| Whitney Underwing (Catocala whitneyi) | | | | |
| Platte River Caddisfly (Ironoquia plattensis) | | | | |
| Regal Fritillary (Argynnis idalia) | | | | |
| Pimpleback (<i>Quadrula pustulosa</i>) | | | | |
| Plain Pocketbook (Lampsilis cardium) | | | | |
| <u>Plants</u> | | | | |
| Hall's Bulrush (Schoenoplectus hallii) | | | | |
| Small White Lady's-slipper (Cypripedium candidum) | Small White Lady's-slipper (Cypripedium candidum) | | | |
| Western Prairie Fringed Orchid (Platanthera praeclara) | | | | |
| Wolf Spikerush (<i>Eleocharis wolfii</i>) | | | | |
| | | | | |

TABLE 2. Suggested management for Blanding's turtles in Nebraska is summarized. The following should be interpreted as general guidelines based on the best available knowledge at the time of this publication. See Research and Conservation section of this document for more detail and Reference section for sources of additional information.

| FOCUS | STRATEGIES | CONSERVATION CONSIDERATIONS |
|---|--|---|
| Inventory of Blanding's turtles | Continue to document locations used by Blanding's turtles in Nebraska | Radio transmitters (short-term) and/or PIT tagging (long-term) may be used |
| Keep high ratio of sexually-mature adults in the population | While we do not recommend completely neglecting nest and juvenile survivorship, efforts are better invested in reducing adult mortality and maintaining habitat | Turtles have long life-spans, late sexual maturity, and low fecundity |
| Wetland Conservation | Preserve wetlands used by Blanding's turtles and create wetlands in an interconnected complex. Protect wetlands from chemical run-off by maintaining at least a 50' buffer in native vegetation. | Mitigation wetlands of at least 1.5 ha should be designed to provide adequate vegetation and forest cover |
| Wetland Management | Study effects of rotenone application, particularly the seasonal timing of rotenone treatments in permanent wetlands utilized by Blanding's turtle for late summer and early spring activities associated with overwintering | Carp removal typically involves draining permanent lakes prior to rotenone application. The timing of such procedures may be detrimental and should be studied with regard to Blanding's turtles specifically. |
| Maintain upland habitat | Discourage further loss of nesting sites and conversion of open, grassy/brushy uplands to agriculture through various programs. Protect Blanding's upland sites of occupancy from chemical exposure and mowing when eggs and hatchlings are present. | Blanding's turtles have nested in farm fields to evade nest predation. These nests could be marked for avoidance and protected from predators by exclosures. Screens must be removed just before hatching (approx. Aug 1). |
| Halt increases in turtle mortalities on roads | Place constructed wetlands at least 450 m from road. Construct turtle passages (e.g., funnels) in high-risk locations. Install signage to alert motorists to periods of increased turtle movement (e.g., May–Oct). | Roads with traffic of more than 100 vehicles/day are most likely to impact Blanding's turtles |

Document and maintain genetic diversity in populations Facilitate movement of turtles between populations by maintaining adequate habitat corridors. Consider translocations of individuals into appropriate habitats. Continued review of genetic research on Blanding's turtles may influence decisions

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