

Becoming an Outdoor Woman Program

Beginning Kayaking Ladies Workshop

July 21, 2018 ■ Lake Wanahoo

Anyone wanting to explore the sport of kayaking, we have the boat, paddle and lifejacket ready for you to learn how to kayak. This fun three hour workshop will cover basic skills, safety, how to get in your kayak, launching and docking, equipment and general kayaking knowledge.



Time: Session 1: 8:30 – 11:30 a.m.
Session 2: 12:30 - 3:30 p.m.

Location: Lake Wanahoo, Wahoo

Fee: \$15/person
Send check with registration form or pay with PayPal at OutdoorNebraska.gov/BOW

Age Requirement: Must be 16 years or older.

To Bring:

- Sunscreen
- Hat and/or sunglasses
- Comfortable clothes (avoid cotton) and shoes that can get wet.
- State Park Permit

Other: Kayak and life jacket will be provided.



✂ cut and mail

Beginning Kayaking Registration Form:

NAME : _____

PHONE: _____

CELL: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

E-MAIL: _____

I will bring my own kayak.

Additional information will be sent to registered participants.

Mail registration form and check to:

Nebraska Game and Parks Commission,
4703 N. 44th Street, Lincoln, NE 68504
call: Julia Plugge at 402-471-6009, cell: 402-417-3779
or e-mail: julia.plugge@nebraska.gov



Registration form and fee are due by July 13.

Refunds will only be issued if event is canceled by instructors due to weather.

Session Preference:

- Morning Session (8:30 – 11:30 a.m.)
- Afternoon Session (12:30 - 3:30 p.m.)
- No preference

My Kayaking Experience:

- This will be my first time kayaking
- A couple times, but I need more experience
- I am a kayaker and attending for the fun

Write checks to:
Nebraska Game and Parks Foundation

_____ participants X \$15/ea. = \$_____

I paid by PayPal