Ever heard of a “Life List”? There are lots of different kinds of Life Lists... a list of all the State Parks you have been to in your entire life. Or, a list of all the books you have read. Many people keep a bird life list. This is a list of all the birds you have seen in your life. Or, some people keep a list of all the birds they see on a particular trip. Try making a “Bird Life List Journal” and keep a list of all the birds you see while out exploring... you will be surprised at how many make your list!

Materials Needed:
• copies of “Birding Life List” - 4 or 5 copies should be enough.
• pencil, pen or marker
• binoculars - optional (you can also make your own binoculars... see the “Home-made Binoculars” Activity)
• bird ID guide - optional (you can also use the internet to identify the birds you see... check-out www.nebraskabirdlibrary.org)

Step #1:
Print 4 or 5 copies of the “Birding Life List” page, you can always print more later if you need them.

Step #2:
Head out to your backyard, local park or state park area. Look for birds everywhere... trees, grasses, along roadsides, around lakes and streams! Birds can be found in nearly all locations!

Step #3:
Every time you find a new kind of bird, record it on your life list. If you see another bird, but that species is already on your list, make a mark by the entry to note how many of each bird you are seeing.
Birding Life List

Bird: ______________________________
Date: _____________ Time: ___________
Location: ___________________________

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