

Ponca State Park

Oct. 4 - 6,  
2019



## Nebraska's Becoming an Outdoors-Woman Program

### BOW Scholarship

Limited funds are available for partial scholarship(s) valued at \$125 for Nebraska residents only.

Preference will be given as follows:

- First-time participants
- Financial need
- Outdoor enthusiast who wants to learn hunting, fishing, and/or shooting sports skills
- Ability to impact others with newly learned skills

In the event you are not selected for a scholarship, you will have the option to pay the remaining balance of the full registration fee (\$250) or you may request a refund of your \$125 deposit and not attend the weekend. Balance of \$125 will be due by May 13. If you decide not to attend for any reason, please notify us, so we may have the option of offering this opportunity to another applicant.

**Scholarship Application Deadline:** April 8, 2019

Requirements (all to be completed together):

- Complete scholarship questionnaire (available at [www.nebraskabow.com](http://www.nebraskabow.com))
- Pay \$125 deposit with application (may pay by PayPal online)
- Complete registration form (may be submitted online with PayPal payment)

For the complete Scholarship Application go to [NebraskaBOW.com](http://NebraskaBOW.com) to print/download a copy of the entire scholarship form for submission.



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**REGISTRATION** — Complete both sides of registration form and send with check payable to the Nebraska Game and Parks Foundation to: BOW, PO Box 30370, Lincoln, NE 68503-0370.

Payment can be made via PayPal at [NebraskaBOW.com](http://NebraskaBOW.com). Call 402-471-5571 or email [Tiffani.Gerber@nebraska.gov](mailto:Tiffani.Gerber@nebraska.gov) for more information.

**Registration deadline is** September 16, 2019.

**CANCELLATION DEADLINE** — Refunds will be provided if cancellations are done before July 31. After that date, a \$50 processing fee will be deducted from your refund. There are no refunds for registrants who do not cancel by September 1, 2019; however, you may send a substitute.

**SCHOLARSHIPS** — Limited scholarships are available. To review criteria and apply, please see the back page of this insert or visit [NebraskaBOW.com](http://NebraskaBOW.com). **Scholarships applications are due by** April 8, 2019.

**LODGING** — Participants will stay in the cabins at Ponca State Park; bedding will be provided. Camping is available by contacting the park office for reservations (if camping, mark "no lodging" on the registration form).

Thursday night lodging is available for an additional \$50 (no meals); you will need to mark that box on the registration if you choose this option.

A Nebraska park entry permit is required to enter Ponca State Park. (Sold at the park)

**WHAT TO BRING** — Please bring personal items that you need, any medications and check the "What to Bring List" available at [Nebraska BOW.com](http://NebraskaBOW.com); this list will also be emailed to registered participants. For all workshop sessions unless otherwise noted, **demonstration equipment will be provided. Do not bring your own unless specified in the session descriptions.**

**Door Prizes** - Participants will have a chance to win door prizes and raffle items at the workshop. If you or a business you know would like to donate a door prize, please have them contact us. We like to showcase Nebraska businesses and products.

**Silent Auction** - This has become a fun tradition at the workshop. We invite participants and instructors to bring items for the silent auction. Then bid on items that interest you. All proceeds from the silent auction go back to support the Nebraska BOW program. Cash, credit cards and checks accepted.

**BOW-tique** - BOW logo clothing and other useful items are available for purchase during the workshop. All proceeds from the gift shop go back to support the Nebraska BOW program. Cash, credit cards and checks accepted.

Confirmation of registration and class schedule will be sent electronically when registering online. Additional information will be sent in early September along with a map to Ponca State Park and clothing recommendations.

*Registration is taken on a first-come, first-served basis. Priority will be given to first-time participants, and any repeat participants who bring a new participant, until March 31, 2019. No registrations will be accepted by telephone or fax. Fee and medical questionnaire must accompany registration.*

*Sponsored by the Nebraska Game and Parks Commission*

<b>Ponca State Park</b>	<b>Oct. 4 - 6, 2019</b>	
<b>Nebraska's Becoming an Outdoors-Woman Program</b>		

## REGISTRATION FORM

*One form per person (photo copy for additional registration)*

Name \_\_\_\_\_  
 Phone (Day) \_\_\_\_\_ Phone (Evening) \_\_\_\_\_  
 Address \_\_\_\_\_ Email (required) \_\_\_\_\_  
 City, State, ZIP \_\_\_\_\_

May we use the above information on a participant list distributed at the workshop?  **Yes**  **No**

By signing below, the applicant understands that photographs may be taken during the sessions and may be used in future support and promotion of the program. The applicant recognizes the program involves some risk and she/he takes responsibility for any action or injury that may result by participating. Applicant is at least 18 years of age (or will be prior to the workshop).  Signature _____ Date _____	I would be interested in carpooling <input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>  I would like to room with: 1. _____ 2. _____ 3. _____ <i>(We will try to honor your preference as space allows)</i>
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**Indicate your first (1), second (2), third (3), and fourth (4) choice for each session**

FRIDAY, SESSION I		SATURDAY, SESSION II		SATURDAY, SESSION III		SUNDAY, SESSION IV	
1 - 4 p.m.	#	8-11 a.m.	#	1-4 p.m.	#	8-11 a.m.	#
<b>A</b> Introduction to Firearms		<b>I</b> Women's Wellness		<b>Q</b> Intro to Dutch Oven		<b>Y</b> Birding & Bird ID	
<b>B</b> Primitive Skills		<b>J</b> Beginning Shotgun Shooting		<b>R</b> Intermediate Sporting Clays		<b>Z</b> Intro to Biking	
<b>C</b> Archery		<b>K</b> Canning & Preserving		<b>S</b> Bowfishing		<b>AA</b> Advanced Fishing Tactics	
<b>D</b> Deer Processing		<b>L</b> Rifle Marksmanship/ Muzzleloader		<b>T</b> Boat Tour		<b>BB</b> Hunting with Handguns	
<b>E</b> Fish Cleaning & Cooking		<b>M</b> Intro to Fishing		<b>U</b> River Kayaking		<b>CC</b> Photography	
<b>F</b> Park Tour		<b>N</b> Boat Tour		<b>V</b> Deer Hunting		<b>DD</b> Reading the Woods	
<b>G</b> Hiking & Backpacking		<b>O</b> Camping Hacks		<b>W</b> Fly Fishing		<b>EE</b> Bowhunting Basics and Equipment	
<b>H</b> Intro to Kayaking		<b>P</b> Turkey Hunting		<b>X</b> Pellet Gun Shooting		<b>FF</b> Campfire Cooking	

**If you are signed up for any firearm class we recommend INTRODUCTION TO FIREARMS as a precursor unless you have firearm experience.**

Are you an EMT, RN, LPN, Doctor? <input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b> If yes, would you be willing to help in an emergency? <input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>	<input type="checkbox"/> Check here if you have any special dietary requirements or special needs that require assistance and describe your needs: _____ _____	Have you attended a prior Nebraska Becoming an Outdoors-Woman Workshop? <input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>	A T-shirt is included in the registration package. <i>Indicate size:</i> <input type="checkbox"/> <b>S</b> <input type="checkbox"/> <b>M</b> <input type="checkbox"/> <b>L</b> <input type="checkbox"/> <b>XL</b> <input type="checkbox"/> <b>1X</b> <input type="checkbox"/> <b>2X</b> <input type="checkbox"/> <b>3X</b>
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**WORKSHOP FEE (SEND CHECK PAYABLE TO NE GAME AND PARKS FOUNDATION)** – Includes instruction in all sessions, program materials, and use of demonstration equipment, all meals and lodging, if so indicated.

\$250 (includes meals and lodging)  \$200 (meals only, no lodging)  \$125 (applying for a scholarship)  \$50 (Thursday night lodging)

Nebraska BOW Participant Waiver and Assumption of Risk (Must be completed and submitted by Sept. 1, 2019)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_  
 Address \_\_\_\_\_ Phone \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

In consideration for the participant, named above, being allowed to participate in any way in the hunting, shooting and outdoor skills activities conducted at the Nebraska Game and Parks Commission's Becoming an Outdoors-Woman Program, including using, or being around, archery equipment and firearms ("Activity"), which may present an open and apparent risk of harm to persons or property, **I, the undersigned, hereby acknowledge the existence of, and assume full responsibility for, all the risks associated with the Activity, both known and unknown, which may cause damage to property or personal bodily injury or death to the participant, even if arising from the negligence of the Nebraska Game and Parks Commission, to the fullest extent permitted by law.**

**Furthermore, I herewith agree to indemnify and hold forever harmless the State of Nebraska and the Game and Parks Commission, its officers, officials, agents and employees ("Released Parties") against loss from any claims, demands or actions that may hereafter, or at any time, be made or brought against the Released Parties on account of damages or bodily injury or death to the participant sustained in consequence of the aforesaid activity.**

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

X \_\_\_\_\_  
 Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

### Participant Allergy Information

Please list all food/medications/materials/plants/stings that the participant needs to avoid.

Allergy 1	Type	Management / Medication
<b>Notes</b>		

Allergy 2	Type	Management / Medication
<b>Notes</b>		

Allergy 3	Type	Management / Medication
<b>Notes</b>		

Please list any additional physical or medical issues that you would like the program staff to be aware of.

\_\_\_\_\_

### EMERGENCY MEDICAL AUTHORIZATION

The medical information is correct to the best of my knowledge, and I am able to engage in all activities, except as noted by me. In the event of an emergency, I hereby give permission to a physician to hospitalize, secure proper anesthesia, or to order injection or surgery or other medical procedures required by the emergency situation.

I give consent for the Nebraska Game and Parks Commission (hereinafter "NGPC") and/or their agents to provide medical attentions, transportation and emergency medical services as warranted by the circumstances.

I represent that I am in good physical condition and I am not aware of any disease or injury that would be aggravated or result in my being incapacitated or injured during any program participation except as designated herein.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_