

## WEEK 1: SATURDAY

BREAKFAST	LUNCH	DINNER
Scrambled Eggs	Chef Choice Soup	French Onion Soup
Sausage & Bacon	Pasta	Pasta W/ Red Sauce 1/4
Banana Pancakes	Meat Balls W/Red Sauce 1/4	Rice Pilaf
Biscuits & Gravy	Ham Steaks W/ Pineapples	Baked Potatoes
Tri-Tater Potatoes	Hamburgers	Fresh Steamed Broccoli
Breakfast Casserole	BBQ Chicken Breast	Corn on the cob
Rope Sausage	Sautéed Button Mushrooms	French Fries 1/4 pan
	Sautéed Fresh Spinach	BBQ Beef Brisket
	Rice	Blackened Chicken 1/4
	Tatar Tots	Pulled Pork 1/4
	Cat Fish	BBQ Pork Ribs
		Sliced Prime Rib
		Chicken Tenders 1/4 pan

## WEEK 1: SUNDAY

BREAKFAST/BRUNCH	DINNER
Vegetable Beef Barley Soup	Vegetable Beef Barley Soup
Sausage & Bacon	Pasta W/ Alfredo Sauce 1/4
Hot Cereal – Oat Meal	Cheese Quesadilla W/ FF 1/4
Biscuits & Gravy ¼ pans	BBQ Pork Ribs
Scrambled Eggs	Sliced Prime Rib
Breakfast Casserole	Chicken Parmesan
O'Brien Potatoes ( ¼ pan)	Breaded Shrimp
Eggs Benedict	Baked Potatoes
Cheese Blintz w/ Strawberry	Twice Baked Mashed Potato
Salmon	Vegetable Medley
Grill Cheese (W/FF ¼ )	Green Beans W/ Red onions
BBQ Beef Brisket	
Mix Vegetables ( ¼ pan)	
Pasta w/ Alfredo Sauce (¼)	

## WEEK 1: MONDAY

BREAKFAST	LUNCH	DINNER
Scrambled Eggs	Chicken Chili (Week 1) Broccoli Cheese (Week 2) Roasted Tomato (Week 3)	Pasta W/ Red Sauce 1/4
Sausage & Bacon	Kid Hot Dogs W/ FF	Corn Dogs W/ FF
Breakfast Burrito	Beef brisket	Beef brisket
Biscuits & Gravy	Pulled Pork W Bun	Pulled Pork W Bun
Hash Browned Potato	BBQ Pork Rib	Fried Chicken
Breakfast Casserole	Baked Beans	Scalloped Potatoes
Rope Sausage	Green Beans	Rice
	Battered Pollock	Battered Pollock
	Mac & Cheese	Glazed Carrots
	Pasta W/ Red Sauce 1/4	Green Beans W/ Mushrooms

## WEEK 1: TUESDAY

BREAKFAST	LUNCH	DINNER
Scrambled Eggs	Hearty Vegetable (Week 1) Chicken Noodle (Week 2) Corn Chowder (Week 3)	Pasta W/ Red Sauce ¼
Sausage & Bacon	Pasta W/ Red Sauce ¼	Grill Cheese W/ Tots ¼
Chocolate Chip Pancakes	Cheese Quesadilla W/ FF	Meat Lasagna
Biscuits & Gravy	Beef Tacos	Chicken W/ mush & tomatoes
O'Brien Potatoes	Chicken Soft Tacos	IT Roasted Pork Loin
Breakfast Casserole	W/ Condiments	IT Roasted Potatoes
Wheat French Toast	Refried Beans	Rice
	Cilantro Lime Rice	Vegetable Medley
	Breaded Shrimp	Fresh Steamed Broccoli
	Cut Corn W/ Peppers	Breaded Cat Fish

## WEEK 1: WEDNESDAY

BREAKFAST	LUNCH	DINNER
Scrambled Eggs	Chicken Gumbo (Week 1) Ham & White Bean (Week 2) Minestrone Soup (Week 3)	Pasta W/ Alfredo Sauce ¼
Sausage & Bacon	Pasta W/ Alfredo Sauce ¼	Chicken Tenders ¼ pan
Belgian Waffles	Chicken Tenders W/ FF	Mac & Cheese Casserole
Biscuits & Gravy	Meat Loaf w/ Brown Gravy	Salisbury Steak W/ Brown
Tri-Tater Potatoes	BBQ Pulled Pork	W/ Brown Sauce
Breakfast Casserole	Fried Chicken	BBQ Beef Brisket
Rope Sausage	Mash Potatoes	Oven Roasted Chicken
	Rice	Breaded Shrimp
	Battered Pollock	Mash Potatoes
	Green Beans	Rice
	Brussel Sprouts	

## WEEK 1: THURSDAY

BREAKFAST	LUNCH	DINNER
Scrambled Eggs	Wisconsin Cheese (Week 1) Chicken Tortilla (Week 2) French Onion (Week 3)	Pasta W/ Cheese Sauce 1/4
Sausage & Bacon	Pasta W/ Cheese Sauce ¼	Kid Hot Dogs W/ FF
French Waffles	Corn Dogs W/ FF	Ham Steaks
Biscuits & Gravy	BBQ Brisket	Chicken Fried Steak
Tater Tots	Blackened Chicken	Country Gravy
Breakfast Casserole	Bacon Wrapped Pork Loin	Fresh Baked Biscuits
Blueberry Pancakes	Scalloped Potatoes	Scrambled Eggs
	Rice	O'Brien Potatoes
	Cat Fish	Rope IT Sausage & Bacon
	Steamed Broccoli	Belgian Waffles
	Glazed Carrots	

# WEEK 1: FRIDAY

BREAKFAST	LUNCH	DINNER
Scrambled Eggs	Home Style Chili Soup	New England Clam Chowder
Sausage & Bacon	Pasta W/ Cheese Sauce	Pasta W/ Cheese Sauce 1/4
Apple Pancakes	Grill Cheese W/ Tots 1/4	Rice Pilaf 1/4
Biscuits & Gravy	Fried Chicken	Frips Potato Chip 1/4 pan
IT Roasted Red Potatoes	CFS	Fresh Green Beans 1/4
Breakfast Casserole	Chicken Tenders	Mix Vegetables 1/4 pan
Muffin W/ Ham & Cheese	Mash Potatoes	Breaded Cat Fish
	Brown Gravy	Breaded Shrimp
	Corn On The Corn	Green Tip Mussels
	Mix Vegetable	Cod Nuggets
	Battered Pollock	Breaded Calamari Twist
		Grilled Salmon
		Grilled Cheese